



# WOODHILL WHISPERS

## Upcoming Events

Dance Fever Payments  
due Friday 6<sup>th</sup> May

NAPLAN 10<sup>TH</sup>, 11<sup>TH</sup>  
and 12<sup>TH</sup> May

P and C Meeting  
Monday 16<sup>th</sup> May

Under 8's Day  
Wednesday 25<sup>th</sup> May

Athletics Carnival  
Thurs 2<sup>nd</sup> and Fri 3<sup>rd</sup>  
June

1,2,3 Magic and  
emotion coaching  
parent course  
7<sup>th</sup>, 14<sup>th</sup> and 21<sup>st</sup> June

## FROM THE PRINCIPAL'S DESK



### NAPLAN

Next week our Year 3 and 5 students will participate in NAPLAN assessments. These are only one form of assessment used by teachers to assist them in delivering a quality program to your child.

This year we are trialing providing a small snack before each testing morning. This will occur for our Year 3 and 5 students under the Shebang at 8:30 a.m. on Tuesday, Wednesday and Thursday mornings.

### SCHOOL ABSENCES

These are beginning to increase, especially unexplained ones. Please ensure that the school is notified regarding any absences.

### ATTENDANCE

Congratulations to 5/6 K once more for having 97.09% attendance up to today.

Classes	%
Prep/1	91.3
Prep D	90.14
1/2 D	92.34
1 /2 R	92.33
2D	91.6
3D	95.04
3/4 W	90.27
4/5 F	94.54
5/6 K	97.09
5/6 D	92.86
Whole school	92%

## QPARENTS

QParents website allows parents of Queensland state school students to access information about their child and communicate directly with the school. You will have access to your child's reports, their absence details, any outstanding invoices you may have and positive behaviour records. Registration details have been emailed to our families already. If you have not received this email please contact the office to update your email details and your access codes will be emailed to you. Qparents also enables you to advise the school of upcoming absences and to provide 'explanations' for any unexplained absences. Further information can be found at <https://www.qld.gov.au/education/schools/information/pages/qparents.html>.

## ANZAC MARCH

Thank you to all of our parents, carers and students who made the time to join us on the ANZAC day march in Beaudesert. It is always an emotional and significant experience.

## CROSS COUNTRY

As a result of our cross country carnival earlier in the year we will be sending a team to represent Woodhill at the Pacific Rim Cross Country Carnival on Friday the 13<sup>th</sup> May. Our competitors are currently preparing by training before school with Mrs Dimmick and we wish them all the best for next week's race.

## USING SCHOOL WALKWAYS

In the interest of safety please set a good example for your children and other students by using our walkways and not cutting down the hill between the Resource centre and the under covered area-which could result in an accident.

## CHILDREN ARRIVING BEFORE 8:15

Duty commences at 8:15 a.m. If you are unable to provide adequate supervision for your child till this time each day, please contact P.C.Y.C. They run an excellent before and after school care program.

## CHILDREN'S DAY

On Thursday May 5, Woodhill students celebrated Kodomo no Hi or "Children's Day" as part of their Japanese cultural studies. In Japan, families fly koinobori banners in the

shape of a carp fish for each child in their house. In Japanese folklore, the carp is a symbol of determination and vigor, overcoming all obstacles to swim upstream. 3/4W, 4/5F, 5/6K and 5/D students all displayed such vigor to each construct a koinobori to fly outside on the day.



## DANCE FEVER

Dance fever lessons have commenced. The P&C have subsidised this activity bringing the cost down to \$20 per student. Payment can be made by direct deposit or Bpoint at any time or cash payments can be sent in to the office on either Thursdays or Fridays. **If you are using Bpoint as a payment method please ensure that you complete all 4 fields on the Bpoint screen taken from your invoice, otherwise we can not match your payment to the student. Payment needs to be received no later than Friday 6<sup>th</sup> May.** If payment is not received, the student will be withdrawn from participating and will be given written work to complete. It is expected that all students will participate as this activity forms part of our curriculum.

## BILLY CART DERBY

Our annual Billy Cart Derby will be held on Saturday the 23<sup>rd</sup> July. This is a fantastic day where the community comes together for a fun day of rides, stalls, food and of course billy cart races. To add to the atmosphere we are looking for a band or DJ to donate their time and talent to the day. If you can be of assistance, please contact the office.

## MAGIC 1,2,3 AND EMOTION COACHING AND PARENT COURSE

Mrs Maggie Butler, our Guidance Officer, will be facilitating a parenting course commencing on

the 7<sup>th</sup> June (refer to the attached flyer) This course includes topics such as

- How to discipline without arguing, yelling or smacking
- How to sort behaviour
- How to handle challenging and testing behaviours
- Choosing your strategy, the three choices
- Using emotion coaching to encourage good behaviour
- 7 tactics for encouraging good behavior

If you wish to participate, please register your interest by filling in the attached registration form. Forms are also available in the office.

### **TUCKSHOP**

Tuckshop has commenced. Orders need to be received at the office on Wednesday morning on a brown paper bag for processing and Tuckshop is open on Thursday. The menu has been sent home and is also available on the website. Thank you to all the wonderful volunteers who make this happen each week.  
<https://woodhillss.eq.edu.au/Supportandresources/Formsanddocuments/Documents/Tuckshop%20Menus/Tuckshop%20Term%2020202016.pdf>

### **STUDENT COUNCIL**

Student Council is still selling lemonade ice blocks at Tuesday lunchtime for \$1 each as part of their fundraising for the year. Due to the time constraints during lunchtime, students are only allowed to purchase one ice block for themselves and are not permitted to purchase ice blocks for their friends.

### **MAKING AN APPOINTMENT TO SEE YOUR CHILD'S TEACHER.**

We, as parents are always anxious about our children. If you have some concerns please see your child's teacher outside school hours. Please don't set your child's and their class up for failure by "chatting" to a teacher as they are attempting to take the students to the classroom. Teachers, by their nature are a polite bunch and feel obligated to respond to you when you say-"just a quick one". However whilst you have the teacher's attention the class is not being adequately supervised, often leading to small niggly behaviour with the potential to turn into a major incident-something that could be

avoided if correct protocol and procedures are followed.

### **ATTENDANCE**

The Regional target for South East Qld. is 96% attendance-sadly-we are already behind this in some classes. Some of the absences are also unexplained.

Even this early in the term and particularly on a Friday I am noticing some students arriving late to school. This is potentially setting them up to become habitually tardy in later life-something that employers do not tolerate.

### **WOODHILL COMPLAINTS PROCESS**

If you have an issue or query regarding your child, please make an appointment to see your child's teacher. Teachers are obviously very busy with their students in the morning so please don't monopolise their time when they are trying to get organised for the day. They are more than happy to see you at a scheduled time and to arrange an appointment please contact the office. If you are not satisfied with the outcome of that meeting, then an appointment can be made with the principal.

If you have discussed your complaint with the principal and still feel that you have not reached a resolution, you have the right to contact your local Department of Education and Training office. More information can be found on our website: [support](#) and [resources/documents/making a complaint](#).

### **HOMEWORK**

We are a homework school. As well as homework going home with your child you can also find it on the webpage. This alleviates the problem of homework going missing.

### **STOP, DROP AND GO/PARKING**

If you will be using Stop, Drop and Go, please let the school know if you need a new name sign for your car.

The guidelines for using stop drop and go can be found on the school website [www.woodhillss.eq.edu.au](http://www.woodhillss.eq.edu.au)

A reminder that the school carpark is still part of the school, and as such, is a NO SMOKING area.



### SCHOOL WEBSITE

Woodhill School has a website full of great information. If you go to [www.woodhillss.eq.edu.au](http://www.woodhillss.eq.edu.au) you will find your child's homework, upcoming events, current and previous newsletters, school policies and a variety of other helpful information. The P and C also operate a Woodhill School facebook page which is well used and also a great source of information.

### QSCHOOLS APP

A new app has become available that allows parents to receive notifications from the school as soon as they have been uploaded to the school website. Search for the app 'Qschools' and download to your mobile device. **To receive automatic updates you will need to ensure that Qschools push notifications are enabled on your device.** Search for Woodhill State School and select it as a favourite.

### NEWSLETTERS

Our newsletter is produced fortnightly and will be available on the school website. Newsletters will also be emailed to families this year so please ensure your email details are up to date. If you don't have access to a computer, you can request that a paper copy be provided.



### LATE ARRIVALS/EARLY DEPARTURES

School schedule

8.40am	First bell to line up
8.45am	Bell to go to class
10.45am	Eating break starts
10.55am	Eating finishes and play break starts
11.15am	Play break ends
1:15pm	Eating break starts
1.30pm	Eating break ends, play break starts
2.00pm	Play break ends.
3.00pm	School finishes

Students are expected to be at school before the first bell and remain at school until 3pm. Please

try and schedule appointments outside of these hours. If this is not possible, please send a note to your child's teacher advising what time the student will need to be collected. If you are late for school or need to leave early you must come to the office to sign your child in/out and receive an arrival slip or a departure note. Please contact the school **BEFORE 2PM** if you need to change your child's transport arrangements in the afternoon.

### ABSENCES

If your child is away from school please contact the office or send a note in to your child's teacher. If we don't have an explanation for the absence it will be logged as an unexplained absence. Once a month a report is generated detailing all unexplained absences and a letter will come home asking for an explanation for the absence. This is Education Queensland policy.

### PAYMENT DAYS FOR INCURSIONS/EXCURSIONS

You can pay for your child's excursions and incursions online or at the office on **Thursdays** and **Fridays**. As these are the only days that we can get to the bank any moneys sent on other days will be sent home. The school bank account details are

**WOODHILL STATE SCHOOL BSB 064 400 ACC 00090138.** This account can be used for incursion and excursion payments. To pay for uniforms and any other P and C related costs including fundraising please use the P and C account BSB 064 400 ACC 00900276.

### SCHOOL BANKING

School banking is run through the Commonwealth bank and an account for your child can be set up on line through the Commonwealth website. Banking is collected every Thursday and we would like to thank Saskia for continuing to give up her time to coordinate this service.

### UNIFORM SHOP

Uniform shop is run by the P and C and is open on Tuesday and Friday mornings. You may place an order at anytime during the week and our wonderful volunteers will fill the order and send it home on Friday. Thank you to Kylie who volunteers her time to run this facility.

## LOGAN LIBRARIES

The Logan Libraries website is an excellent educational place to visit. Not only can you utilize their online tutor program but you can also access online educational sites such as Literacy Planet. All you need is a current Logan Library card and go to [www.loganlibraries.org](http://www.loganlibraries.org).

## MEDICAL INFORMATION

Woodhill State School is committed to supporting students' health and wellbeing. We would appreciate parents/carers providing the school with any relevant health information that is required to support the student at school. This information is also collected at enrolment but needs to be updated regularly, or if a new health condition develops.

Information about medically diagnosed conditions such as allergies, asthma, diabetes and epilepsy and other health conditions that may require school staff to provide support to students, including administering medication and performing health procedures, should be provided to the school along with a **Medical Action Plan** from your doctor.

Information should be provided in writing, and any specific health plans (only to be completed and signed by the medical practitioner) should be included. Please contact the school to discuss any specific requirements.

Please inform the school office staff of any changes to contact details or the contact details of the people nominated as emergency contacts. Thank you for your assistance in this regard. All information is kept confidential and only disclosed to the relevant staff required to support your child.

More information regarding medical conditions and administering medication is attached.

## BEHAVIOUR POLICY

Woodhill State School participates in the School Wide Positive Behaviour programme which, in simple terms, means that we ensure that our consequences as well as our positive behaviour rewards are consistent throughout the school. Our behaviour consequences grid is available on the school website <https://woodhillss.eq.edu.au/Supportandresources/Formsanddocuments/Documents/Consequence%20Grid.%202015.pdf> This demonstrates to

parents and carers, the consequences attached to a particular behaviour.

## FOCUS FORTY

"Focus Forty" is a program which aims to actively and directly teach the skills necessary for children to be accepted into and participate effectively in the variety of group situations they will encounter in school. Each week a new topic is introduced and taught to the students. We will advise you of the Focus Forty focus for the week so you can re-iterate those values at home.

Have a great week



## MAY BIRTHDAYS

We hope you all had a great day!!!

Grace A	Connor B
Billy C	Bailey C
Christopher C	Max C
Kiera D	Ethan D
Khyla D	Sophie H
Alex H	Levi K
Sophie L	Layla M
Tallon S	Eloise S
James W	Rya W
Kaya W	

### STUDENTS OF THE WEEK - WEEK ONE TERM 2

Year Level	Student
Prep D	Hayden G Sharnah W
Prep 1/L	Alex R Mystique F
Year 1/2 D	Jack J Sophie L
Year 1/2R	Kobi S Shandice W
Year 2 D	Olivia C Chelsea H
Year 3 D	Monica B Sarah E
Year 3/4 W	Annabelle C Monique K
Year 5/6D	Bailey B Kyden H
Year 5/6 K	Nicholas B Eris P

### STUDENTS OF THE WEEK - WEEK TWO TERM 2

Year Level	Student
Prep D	Tate P Kate W
Prep/1 L	Miah G Jai M
Year 1/2 D	Mitchell D Oliver D
Year 1/2R	Stan G Kiera D
Year 2 D	Holly D Khyla D
Year 3/4W	Harmony F Jayde M
Year 5/6K	Hannah W Brooke J

### STUDENTS OF THE WEEK - WEEK THREE TERM 2

Year Level	Student
Prep D	Frederick C Mia Gow
Prep 1/L	Shana-Rae M Ryan S
Year 1/2 D	Mackenzie F Ella G
Year 1/2R	Kai A-H Karna S
Year 2 D	Billy C Ellasandra G
Year 3/4 W	Krystal D Lara L
Year 5/6D	Tobyn C-K Ethan W
Year 5/6 K	Skye B Ivy-Rose B

### ORAL HEALTH SERVICES

If your child requires a dental check up, please contact Metro Oral Health Services on 1300 300 850 to make an appointment. This service is free for

- 2-17 year olds who are eligible for the Child Dental Health Benefits
- All children aged 4 to grade 10
- Children whose parent's hold a current Health Care Card, Pension Concession Card or a Centrelink Card

Appointments are also available in the school holidays.



FROM MAGGIE BUTLER – Guidance Officer



Sleep can be a vexatious issue for some parents: the amount of time spent trying to get kids to sleep, worrying about kids not sleeping, being woken up by kids who should be sleeping ...it goes on and on!

It's an important issue for parents of teens to. The sleep-wake cycle for teenagers is delayed by up to two hours. That is, they are sleepy later and awake later than when they were children. Many teenagers today are sleep deprived because they don't get enough sleep. They need between nine and ten hours sleep each night, yet most get about seven or eight hours sleep. Sleep experts have noted that children who develop good sleep patterns tend to carry these into adolescence. So here are 5 tips for good sleep habits, and 5 extra tips for teens to help manage their sleeping cycle.

Good sleep habits include:

- Regular bed-times Kids may fight this, but be regular during the week and let kids stay up a little later on weekends

- Have a wind down time of up to 45 minutes before bed. This includes, removing TV and other stimuli, calming children down, and limiting food intake (and caffeine for teens)
- An established bedtime routine that makes the brain associate behaviour such as cleaning your teeth and reading in bed with sleep.
- Keeping bedrooms for sleep and not for TV. Bedrooms that resemble caves seem to be recommended.
- Maximize the three sleep cues of: darkness (cave-like bedroom), lowering body temperature (baths can be good for this) and melatonin (work within their cycle)

#### Sleep tips for teens

- Allow them to catch up on lost sleep during the weekends
- Help your young person schedule their afterschool activities to free up more time for rest
- Discuss ways to limit stimulating activities such as television and computer around bedtime. Encourage restful activities such as reading.
- Afternoon naps are a good way to recharge their batteries.
- Make sure they go to bed early each Sunday night to prepare for the coming week.

Week 4 and 5: Listening Sit close to the speaker, look at the speaker, keep hands still, ask questions to get more information, repeat information to check the meaning.