



# WOODHILL WHISPERS

## Upcoming Events

Dancefever payments  
\$12.00 per student,  
due by Friday 26<sup>th</sup>  
May

Volunteer Induction  
Thursday 1<sup>st</sup> June 2-  
3pm

Athletics Carnival 1<sup>st</sup>  
and 2<sup>nd</sup> June

Under 8's day  
Wednesday 7<sup>th</sup> June

Mr Huff (Prep-2) and  
Adventurescope (3's-  
6's) Payment due  
Friday 9<sup>th</sup> June \$7.50  
per student

**Cash payment days  
are Thursday and  
Friday only**

## FROM THE PRINCIPAL'S DESK



### ILLNESS

As we approach the end of Week 6 our school has seen several illnesses occurring throughout the school. If your child is ill in the morning please keep them at home so that their illness is not spread throughout their class and eventually the school.

### ATHLETICS

Next week our entire school will be participating in our Athletics carnival. Years 3-6 will be involved in two days-Thursday and Friday whilst the Preps to Year 2's will be involved in the Friday events. (Program attached – all times are approximate)

Our wonderful P and C will have a food stall running out of the back of the Prep building on the Friday for Parents and students.

Tuckshop will be as normal on the Thursday.

### ADVENTURE PLAYGROUND

At present the adventure playgrounds are unavailable during our morning and afternoon breaks, however the class teachers are still able to take their classes and utilise the playgrounds for daily fitness etc.

### UNDER 8'S DAY

Our Under 8's students will enjoy a morning of fun on Wednesday, 7<sup>th</sup> June. From 9am – 10:30am we will be having a number of hands on activities for our under 8's to experience and enjoy. Younger siblings are most welcome to attend also (with parental supervision).

## **SPORT**

It's all happening in the sporting department at Woodhill with our Athletics Carnival fast approaching and an NBL star in our midst.

### **ATHLETICS CARNIVAL**

There's only one more week to go until Stinson once again takes on O'Reilly in Woodhill's very own State of Origin – except in this version it has been 'The Blues' of Stinson who have been dominant over the last several years, with O'Reilly's one and only success coming way back in 2010. Can the 'Orange Army' of O'Reilly arrest this slump and rise up to claim victory or will Stinson claim yet another triumph in this era of supremacy?

The entire school cohort has been hard at work training for all of the events. Qualifying for the 05-09 relay teams is already underway, practice for tunnel ball continues in earnest and the preps have been mastering the art of 'passing the chook.' The chicken relay is always one of the highlights of the two day sporting extravaganza along with the final and most fiercely contested event of all: the tug of war! Make sure to come along Thursday June 1 and Friday June 2 if you are able, as it is always an entertaining day. It's always great to see our students giving their all on behalf of their team.

### **BASKETBALL**

The other exciting occurrence which will be happening over the next few weeks is the Aussie Hoops Basketball Program. The school recently secured funding which will allow every student to participate. These coaching clinics will be run by current Adelaide 36s NBL player Brendan Teys.

The program provides an environment where children of all ages and abilities can achieve success on the court and reap the rewards of skill development, enhanced self-esteem and social cooperation. Adapted for the school setting, Aussie Hoops introduces children to basketball with a nationally accredited coaching curriculum and a program consisting of warm-up games, skill activities and modified games, encouraging children to participate in this great sport.

Mr Mason

## **JAPANESE**

Students in years 5 and 6 have been busy working upon their powerpoint presentations

which detail significant moments and achievements in Japanese History. These are due to be submitted on Wednesday May 31. Each student was provided with a set of questions to address in their 10 slide presentation, with each slide requiring a 1-3 sentence response and 1-3 pictures.

Mr Mason

## **MR HUFF/ADVENTURESCOPE**

We are lucky enough to have Meerkat Productions visiting our school this term with two performances – Mr Huff for our Prep-2's and Adventurescope for our 3's-6's. Notes and invoices have been sent home and payment of \$7.50 per student needs to be received by Friday 9<sup>th</sup> June. If you are paying by direct deposit, please allow enough time for the payment to be received in to the school account.

## **VOLUNTEER INDUCTION**

Woodhill State School encourages parent involvement throughout the school whether it is in the tuckshop, on excursions, or helping out in your child's class. If you are interested in volunteering, you will be required to complete a one hour Volunteer Induction session. These are held usually once a term, with the next one being conducted on Thursday 1<sup>st</sup> June 2-3pm. If you are interested in attending please contact the office.

## **MEDICATION**

Due to a recent incident involving medication, it is prudent to remind all parents of the process for administering medication at Woodhill State School. If your child requires ongoing medication or even a one off dose of medication during school hours, you must follow this process:

- complete a request to administer medication form (available on the website)
- the medication needs to have a prescription label on it which shows the child's name and dosage –this includes Nurofen/Panadol/Claratyne etc.
- All medication needs to be brought to the office for safe storage.

By storing all medication in a secure place we are ensuring everyone's safety.

## **ANIMALS ON SITE**

Please do not bring animals onto the school grounds. We have several students with allergies as well as anxieties in relation to animals.

It is unfair to expose other people's children to these risks.

## **DANCE FEVER**

Dance fever lessons have commenced and will continue until the end of this term. The cost for this activity is \$12 per student and invoices have been sent home. Thank you to the P and C for again subsidising this activity. Please make payment to the school by the 26<sup>th</sup> May 2017. If you choose to pay by direct deposit ensure you have the correct account details BSB 064 400 ACC 00090138. This activity forms part of our curriculum and therefore will be assessed. We expect all students to participate. If your child does not participate they will be expected to complete a project on the history of dance. If you have not made payment by the 26<sup>th</sup> May, your child will be withdrawn from Dance Fever until payment is received. Once payment is received they will rejoin lessons.

## **HEADLICE**

A reminder to all parents to be vigilant in regularly checking your child's hair for headlice, and treating if necessary.

## **SCHOOL REPORTS**

Semester one reports will be completed and distributed at the end of this term. Please ensure we have your correct email address as school reports will be disseminated electronically. Please be advised that grades given relate to the percentages in the table.

<b>RESULT</b>	<b>PERCENTAGE</b>
A	95-100%
B	87-94%
C	75-86%
D	50-75%
E	Under 50%

## **BILLY CART DERBY**

Our annual Billy Cart Derby will be held on Saturday the 29th July. This is a fantastic day where the community comes together for a fun day of rides, stalls, food and of course billy cart races. So mark the date on your calendar and start creating the winning billy cart.

## **SCHOOL UNIFORM**

With the cooler weather upon us it is timely to remind parents and carers as to what is considered acceptable to wear to school as part of the winter uniform.

**Plain black or bottle green jumpers – this means the jumper should have no advertising, patterns, designs or stripes on it.**

**Plain black tracksuit pants – no advertising or patterns or stripes.**

Of course there are school jumpers/ jackets and tracksuit pants available for purchase from the uniform shop as well as a limited supply of second hand items.

Please ensure that all of your child's clothing items are named – this makes it easier to return lost property to its rightful home.

## **MORNING DROP OFF/AFTERNOON COLLECTION**

**To ensure an efficient and safe beginning and end to the school day, please do not accompany your child to their classroom in the morning or collect them from their classroom in the afternoon. Please wish your child a good day in the undercover area and resume your normal daily activities. We have a designated Parent Plaza where parents can wait for their child in the afternoon which minimizes any student distractions or disruptions. Please do not ask your child to meet you anywhere else as this becomes a safety issue. Thank you for your cooperation.**

## **TUCKSHOP**

This terms tuckshop menu has been printed and sent home. A reminder that tuckshop orders need to be in to the office by Wednesday morning and that all orders need to be on a brown paper bag. Separate bags are needed if

you are ordering for both first and second break. If you can spare some time to assist in the tuckshop, please let the office know.

### **PAYMENTS –IMPORTANT INFORMATION**

You can make payments to the school for incursions (school performances), camps and excursions in a variety of ways.

**CASH** – cash will only be accepted at the office on Thursdays and Fridays as these are the only days we can get to the bank.

**BPOINT**-you can use your invoice to make payment via Bpoint at any time. **Please ensure that all of the fields are filled out correctly. This enables the payment to be matched to the student.**

**QPARENTS** – If you have signed up for Qparents you can view your outstanding invoices and make payment through the app at any time.

**ONLINE TRANSFER** – You can transfer the funds directly to the Woodhill SS account at any time. Please ensure you reference your payment with your child's name-we have had a few payments deposited into the school account where we are unable to identify who the payment is for.

**All activities have a payment due date and payment needs to be made by this date for your child to be eligible to participate in the activity.**

If you are paying electronically ON the due date, you will need to forward a copy of the receipt to sbrig67@eq.edu.au . It may take a few days for your payment to show up on our system so verification of payment on the due date will be required.

**NO LATE PAYMENTS WILL BE ACCEPTED** - to avoid disappointment please make sure you check your child's bag for notes or the school website's note register and events calendar to ensure you haven't missed out on anything.

### **HOMEWORK**

We are a homework school. As well as homework going home with your child you can also find it on the webpage. This alleviates the problem of homework going missing.

### **STOP, DROP AND GO**

**Thank you to all of our parents who are using our stop drop and go facility safely. Please be aware of the new installment of a give way sign in the carpark. Traffic in the carpark must give way to stop, drop and go traffic.**

If you will be using Stop, Drop and Go, please let the school know if you need a new name sign for your car.

If you are using Stop, drop and go please remember:

- **Do not** get out of your car. If your child needs assistance to put on a seatbelt, you may wish to consider parking and collecting your child.
- Children must exit and enter the car from the passenger's side only.
- Do not overtake unless directed to do so.
- **Please collect your child/ren by 3.15pm. Stop Drop and Go was initially established as a service, provided by the school, to alleviate the congestion in the carpark during afternoon pick up. It was never meant to be a child minding service.**

The guidelines for using stop drop and go can be found on the school website [www.woodhillss.eq.edu.au](http://www.woodhillss.eq.edu.au)

**Remember after 3:30pm this lane becomes the bus lane and cannot be S.D. & G. Please park and collect your students if you are arriving this late.**

### **QPARENTS**

QParents website allows parents of Queensland state school students to access information about their child and communicate directly with the school. You will have access to your child's reports, their absence details, any outstanding invoices you may have and positive behaviour records. Registration details have been emailed out to our families. If you did not receive this email please contact the office to update your email details and your access codes will be emailed to you. Qparents also enables you to advise the school of upcoming absences and to provide 'explanations' for any unexplained absences. Further information can be found at <https://www.qld.gov.au/education/schools/information/pages/qparents.html>.

### **MAKING AN APPOINTMENT TO SEE YOUR CHILD'S TEACHER**

We, as parents are always anxious about our children. If you have some concerns please see your child's teacher outside school hours. Please don't set your child's and their class up for

failure by “chatting” to a teacher as they are attempting to take the students to the classroom. Teachers, by their nature are a polite bunch and feel obligated to respond to you when you say-“just a quick one”. However whilst you have the teacher’s attention the class is not being adequately supervised, often leading to small niggly behaviour with the potential to turn into a major incident-something that could be avoided if correct protocol and procedures are followed.

### COMPLAINTS PROCESS

If you have an issue regarding your child, your first point of contact is always with your child’s teacher. Please contact the office to organize a scheduled appointment. If you are not satisfied with the outcome of this appointment then an appointment can be made to see the principal. If you have discussed your complaint with the principal and still feel that you have not reached a resolution, you have the right to contact your local Department of Education and Training office. More information can be found on our website: [support](#) and [resources/documents/making a complaint](#).

### SCHOOL WEBSITE

Woodhill School has a website full of great information. If you go to [www.woodhillss.eq.edu.au](http://www.woodhillss.eq.edu.au) you will find your child’s homework, upcoming events, current and previous newsletters, school policies and a variety of other helpful information. The P and C also operate a Woodhill School facebook page which is well used and also a great source of information. If you have a query regarding school processes please contact the school directly.

### QSCHOOLS APP

A new app has become available that allows parents to receive notifications from the school as soon as they have been uploaded to the school website. Search for the app ‘Qschools’ and download to your mobile device. **To receive automatic updates you will need to ensure that Qschools push notifications are enabled on your device.** Search for Woodhill State School and select it as a favourite.

### NEWSLETTERS

Our newsletter is produced fortnightly and will be emailed to families and available on the website. If you require a paper copy of the newsletter, please let the office know or email [sbrig67@eq.edu.au](mailto:sbrig67@eq.edu.au). Once the newsletter has been uploaded to the website a notification will be sent to those who subscribe to the Qschools App.



### LATE ARRIVALS/EARLY DEPARTURES

School schedule

8.40am	First bell to line up
8.45am	Bell to go to class
10.45am	Eating break starts
10.55am	Eating finishes and play break starts
11.15am	Play break ends
1:15pm	Eating break starts
1.30pm	Eating break ends, play break starts
2.00pm	Play break ends.
3.00pm	School finishes

Students are expected to be at school before the first bell and remain at school until 3pm. Please try and schedule appointments outside of these hours. If this is not possible, please send a note to your child’s teacher advising what time the student will need to be collected. If you are late for school or need to leave early you **must** come to the office to sign your child in/out and receive an arrival slip or a departure note. If you need to change your child’s pick up arrangements please contact the school before 2pm. We cannot guarantee that messages will be delivered in time after 2pm.

### ATTENDANCE/SMS ABSENCES

Safety and wellbeing of students are the highest priorities for the Department of Education. All schools are moving towards a ‘same day’ absence policy where schools will be contacting parents on the same day their child is absent, if the absence is not explained. Woodhill has implemented an SMS system which will contact you requesting an explanation for your child’s absence if you have not already done so by 9:30am. Please assist us by ensuring you contact the office as soon as possible if your child is



going to be away from school. Thank you all for your patience as we implement this new system.

### **BOOKCLUB**

Please note that all orders need to be completed using the online LOOP system. No cash will be accepted for book club orders. Thank you to Renae for once again coordinating this.

### **UNIFORM SHOP**

Uniform shop is run by the P and C and is open on Tuesday mornings and Friday mornings after parade. If you can't make it into the school on those days you may place an order using the order form anytime during the week and our wonderful volunteers will fill the order and send it home on Friday.

### **LOGAN LIBRARIES**

The Logan Libraries website is an excellent educational place to visit. Not only can you utilize their free online tutor program but you can also access online educational sites such as Literacy Planet. All you need is a current Logan Library card and go to [www.loganlibraries.org](http://www.loganlibraries.org).

### **MICROSOFT OFFICE**

Did you know your child can get Microsoft Office 2016 free of charge, just for being a student at Woodhill State School? All you need is your child's school email address to sign in.

To help prepare your child for success this academic year, the Department of Education and Training has teamed up with Microsoft to provide free Office 2016 to every Queensland state school student. With Office 2016, your child will have access to the latest version of Word for writing, Excel for spreadsheets, PowerPoint for presentations, OneNote for organisation and notetaking, and much more.

You can install a complete version of the latest Microsoft Office on up to five compatible PCs and Macs, five tablets and five smartphones. Your Office subscription lasts for as long as your child is a state school student.

Ask your child to follow these simple steps to get Office:

For PC and Mac, visit [portal.office.com](http://portal.office.com), login using your school email address, click through to install and follow the onscreen process.

For tablets and smartphones, download from your app store and sign in with your school email address.

Visit [www.education.qld.gov.au/office2016](http://www.education.qld.gov.au/office2016) for instructions on how to download and install Office 2016 to your personal home computers

### **MEDICAL INFORMATION**

Woodhill State School is committed to supporting students' health and wellbeing. We would appreciate parents/carers providing the school with any relevant health information that is required to support the student at school. This information is also collected at enrolment but needs to be updated regularly, or if a new health condition develops.

Information about medically diagnosed conditions such as allergies, asthma, diabetes and epilepsy and other health conditions that may require school staff to provide support to students, including administering medication and performing health procedures, should be provided to the school along with a **Medical Action Plan** from your doctor.

Information should be provided in writing, and any specific health plans (only to be completed and signed by the medical practitioner) should be included. Please contact the school to discuss any specific requirements.

Please inform the school office staff of any changes to contact details or the contact details of the people nominated as emergency contacts. Thank you for your assistance in this regard. All information is kept confidential and only disclosed to the relevant staff required to support your child.

### **BEHAVIOUR POLICY**

Woodhill State School participates in the School Wide Positive Behaviour programme which, in simple terms, means that we ensure that our consequences as well as our positive behaviour rewards are consistent throughout the school.

Each term we reward those students who have demonstrated consistently good behaviour (less than 3 detentions for a term) with a fun activity.

Awards are also given daily (gotchas) and weekly (student of the week and merit awards). Student of the Week awards are worth 5 points and Merit certificates are worth 3 points. Once a student reaches 10 points they are awarded a

bronze certificate, 20 points a silver certificate and 30 points a gold certificate.

### FOCUS FORTY

“Focus Forty” is a program which aims to actively and directly teach the skills necessary for children to be accepted into and participate effectively in the variety of group situations they will encounter in school. Each week a new topic is introduced and taught to the students. We will advise you of the Focus Forty focus for the week so you can re-iterate those values at home.

Have a great week

### ORAL HEALTH SERVICES

If your child requires a dental check up, please contact Metro Oral Health Services on 1300 300 850 to make an appointment. This service is free for

- 2-17 year olds who are eligible for the Child Dental Health Benefits
- All children aged 4 to grade 10
- Children whose parent’s hold a current Health Care Card, Pension Concession Card or a Centrelink Card

Appointments are also available in the school holidays.



### MAY BIRTHDAYS

We hope you all have a wonderful day!!

Grace A	Luke B
Olivia B	Billy C
Mason C	Bailey C
Christopher C	Max C
Ethan D	Olivia D
Aria D	Khyla D
Sophie H	Alex H
Jaxston H	Levi K
Sophie L	Layla M
Eloise S	James W
Rya W	

### FOCUS FORTY

**Week 7 and 8: Suggesting/Persuading Use eye contact, use a clear friendly voice, smile, give reasons for your suggestions, try to think why it might be good for others, listen to any feedback about your suggestions**

## Worries and Anxieties: Helping Children to Cope

Children, like adults, have all sorts of strong feelings about what is happening to them. At times, the world can seem frightening or uncertain, which may create fearfulness, worry or anxiety.

### Different Types of Anxiety

#### Fears and Phobias

Very young children often develop fears and phobias. These can be triggered by changes (going to childcare, separating from a parent), or particular things (spiders, snakes, monsters etc). Fears like these are common but with encouragement and support most children learn to overcome their anxiety.

#### General Anxiety

Some youngsters feel anxious most of the time for no apparent reason – it may be their temperament or may be a pattern of behaviour that is shared by other members of the family.

#### School-Related Anxiety

School refusal can be caused by anxiety – separating from parents, fear of bullying, problems with friendships, trouble with school work or teachers are worth investigating

#### Home Related Anxiety

Family problems (money issues, squabbling, separation/divorce), death of a family member or friend, harsh discipline or a traumatic experience eg burglary can be causes of anxiety (as well as depression).

### What are the Signs

- Feeling sick – stomach aches, headaches. Not being able to stomach food.
- Feeling tense, fidgety, needing to go to the toilet often
- Feeling fearful or panicky, breathless, sweaty
- Being irritable, tearful, clingy or having sleeping difficulties

**Anxiety can limit a person's experiences in life. It can contribute to lack of confidence, loneliness, health problems and learning difficulties. The emotional effects if not remedied can be long lasting.**

### What to do

- Talk to your child –show your child that you care and want to understand the reason for their anxiety
- Give comfort, reassurance and practical help with how to cope eg. change thinking to be more positive
- There are children's books to help with upsetting things like divorce, death (ask your guidance officer)
- Prepare your child for changes – talk to them about what might happen and why
- For children with school/ separation anxiety, regular routines and consistency around sleep, and getting ready for school, having breakfast etc will generally improve the outcome
- Be aware of school or family situations that may be creating worries for your child
- Be aware of your own anxiety and protect your child from taking on your woes

If your child is so anxious that they can't cope more **specialist help** may be needed.

NB: At these times a talk to your school's guidance officer, or your doctor will be useful, or you could seek help through child mental health services. Through the medicare benefits scheme access to a psychologist is available.

Adapted from Mental Health and Growing Up, 3<sup>rd</sup> Edition – Factsheets

<http://www.rcpsych.ac.uk/info/mhgu/index.htm>



Some lovely rainbow art work from Prep/ 1 D

